


Sr. Programming is open to all area seniors for Recreational and Educational purposes. **NO** soliciting.

FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>
<p>9:15 SAIL 10:00 KJK Workshop 10:30 Bean Bags 1:00 Pinochle</p>	<p>8:00 Indoor Walking Rec Center 9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 10:00 Embroidery Group 1:00 Pinochle 1:00 BINGO</p>	<p>9:15 SAIL- sm room 9:15 Texas Hold 'Em 11:30 Line Dancing VFW Noon AARP 1:00 Ping Pong 1:00 Bean Bags 1:00 Cribbage 1:00 Tangrams</p>	<p>8:00 Indoor Walking Rec Center 9:15 Strength & Conditioning 12:30 Sheephead 1:00 500</p>	<p>9:15 NO Chair Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 1:00 Hutch Bowl</p>
<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>
<p>9:15 SAIL 10:00 Tour Registration 10:00 KJK Workshop 10:30 Bean Bags 1:00 Pinochle</p> 	<p>8:00 Indoor Walking Rec Center 9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 10:00 Embroidery Group 1:00 Pinochle 1:00 BINGO</p>	<p>9:15 SAIL- sm room 9:15 Texas Hold 'Em 10:30 Book Club "A" 11:30 Line Dancing VFW Noon Bridge 1:00 Ping Pong 1:00 Bean Bags 1:00 Cribbage 1:00 Tangrams</p>	<p>8:00 Indoor Walking Rec Center 9:15 Strength & Conditioning 12:30 Sheephead 1:00 500</p>	<p>9:15 Chair Yoga 9:45 "Just The Way You Are" Day Tour 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 1:00 Hutch Bowl</p>
<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>
	<p>8:00 Indoor Walking Rec Center 9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 10:00 Embroidery Group 1:00 Pinochle 1:00 BINGO- sm room</p>	<p>9:15 SAIL 9:15 Texas Hold 'Em 10:00 Monthly Movie 11:30 Line Dancing VFW 1:00 Monthly Movie 1:00 Ping Pong 1:00 Bean Bags 1:00 Cribbage 1:00 Tangrams</p>	<p>8:00 Indoor Walking Rec Center 9:15 Strength & Conditioning 12:30 Sheephead 1:00 500</p>	<p>9:15 Chair Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 1:00 Hutch Bowl</p>
<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>
<p>9:15 SAIL 10:00 KJK Workshop 10:00 Sr. Ad Board 10:30 Bean Bags 1:00 Pinochle</p>	<p>8:00 Indoor Walking Rec Center 9:00 Foot Clinic (call for apt) 9:15 Card Makers 9:15 Exercise to DVD 9:15 Sheephead 10:00 Embroidery Group 1:00 Pinochle 1:00 BINGO</p>	<p>9:00 Foot Clinic (call for apt) 9:15 SAIL 9:15 Texas Hold 'Em 10:30 Book Club "B" Green Castle 11:30 Line Dancing VFW Noon Bridge 1:00 Ping Pong 1:00 Bean Bags 1:00 Cribbage</p>	<p>8:00 Indoor Walking Rec Center 9:00 Foot Clinic (call for apt) 9:15 Strength & Conditioning 12:30 Sheephead 1:00 500</p>	<p>9:15 Chair Yoga 10:00 Knot Just Knitting 1:00 BINGO 1:00 500 1:00 Hutch Bowl</p>